

MUSTARD SEEDS ACADEMY MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>WG Waffles, apples, milk Steak fingers, creamed potatoes, peaches, roll, milk Juice, WG goldfish</p>	<p>2</p> <p>WG cheese toast, tropical fruit, milk Chicken nuggets, tater tots, pineapples, milk, roll Juice, WG chex mix</p>	<p>3</p> <p>WG French toast sticks, blueberries, milk Pot roast, green beans, oranges, milk, roll Juice, Yogurt/strawberries</p>	<p>4</p> <p>WG sausage pancake sticks, applesauce, milk PB&J sandwiches, corn chips, pickle, pears, milk Juice, graham crackers</p>	<p>5</p> <p>WG cereal, bananas, milk Cheese/pepperoni logs, corn, pineapples, milk Juice, pretzels</p>
<p>8</p> <p>WG waffles, apples, milk Mac & beefaroni, green beans, peaches, milk, roll Juice, WG pb crackers</p>	<p>9</p> <p>WG biscuit stick/gravy, tropical fruit, milk Cheese quesadillas, corn nuggets, oranges, milk Juice, WG goldfish</p>	<p>10</p> <p>WG French Toast bites, blueberries, milk Tangerine chicken bites, smiley fries, apples, milk, roll Juice, WG cheese crackers</p>	<p>11</p> <p>Sausage Power Bites, applesauce, milk Ham/cheese sandwich, corn chips, pickle, pears, milk Juice, WG Chex mix</p>	<p>12</p> <p>WG cereal, bananas, milk Fiesta pizza, salad/ranch, pineapples, milk Juice, pretzels</p>
<p>15</p> <p>WG waffles, apples, milk Steak fingers, creamed potatoes, peaches, milk, roll Juice, graham crackers</p>	<p>16</p> <p>WG cheese toast, tropical fruit, milk Corn dogs, baked beans, oranges, milk Juice, Kix cereal</p>	<p>17</p> <p>WG French Toast sticks, blueberries, milk Chicken alfredo, green beans, apples, milk, roll Juice, WG goldfish</p>	<p>18</p> <p>WG sausage pancake sticks, applesauce, milk PB&J sandwich, corn chips, pickle, pears, milk Juice, Pretzels</p>	<p>19</p> <p>WG cereal, bananas, milk Taco logs, corn nuggets, pineapples, milk Juice, WG cheese crackers</p>
<p>22</p> <p>WG waffles, apples, milk Grilled nuggets, pintos, oranges, milk, roll Juice, WG Chex mix</p>	<p>23</p> <p>WG biscuit stick/gravy, tropical fruit, milk Hotdog, sweet potato fries, peaches, milk Juice, pretzels</p>	<p>24</p> <p>WG French Toast bites, blueberries, milk Pot roast, green beans, tropical fruit, milk, roll Juice, yogurt/strawberries</p>	<p>(See note below) 25</p> <p>Sausage Power Bites, applesauce, milk PB&J sandwich, corn chips, pickle, pears, milk Juice, graham crackers</p>	<p>26</p> <p>WG cereal, bananas, milk Pizza, corn, pineapples, milk Juice, WG pb crackers</p>
<p>29</p> <p>CLOSED for MEMORIAL DAY</p>	<p>30</p> <p>WG cheese toast, tropical fruit, milk Fish, pintos, peaches, milk, roll Juice, WG goldfish</p>	<p>31</p> <p>WG French Toast sticks, blueberries, milk Cheese quesadilla, corn, oranges, milk Juice, WG cheese its</p>	<p>NOTE: LAST DAY FOR OSR STUDENTS</p>	<p>BREAKFAST (BLUE) LUNCH (GREEN) SNACK (RED)</p>