JANUARY MUSTARD SEEDS ACADEMY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
CLOSED	Breakfast:WG Cheese Toast,Apples Milk Lunch:Fish, Pinto Beans, Pears, Milk, Roll Snack: Juice, Graham Crackers	Breakfast:WG French Toast Sticks, Blueberries, Milk Lunch:Grilled Nuggets, Green Beans Peaches, Milk, Bread Snack: Juice, WG Cheese Bits	Breakfast:WG Pancakes, Applesauce, Milk Lunch:Ham & Cheese Sandwich, Corn Chips, Apples,Milk, Pickle Snack: Juice, WG Goldfish	Breakfast:WG Cereal, Bananas, Milk Lunch: Pizza, Salad/Ranch, Pineapples, Milk Snack: Juice,WG PB Crackers
10	11	12	13	14
Breakfast:WG Waffles,Applesauce, Milk Lunch:Mac & Beef Pasta, Green Beans, Pears, Milk, Roll Snack: Juice, WG Cheese Crackers	Breakfast:WG Cheese Toast,Apples Milk Lunch:Corn Dogs, Baked Beans, Oranges, Milk, Bread Snack:Juice, WG Cereal, Fruit	Breakfast: WG French Toast Sticks, Blueberries, Milk Lunch:Chicken Dinos, Mashed Potatoes, Peaches, Milk, Bread Snack:Juice, Pretzels	Breakfast:WG Pancakes, Applesauce, Milk Lunch: PB&J Sandwiches, Corn Chips, Tropical Fruit, Milk, Pickle Snack:Juice, WG Goldfish	Breakfast:WG Cereal,Bananas, Milk Lunch: Pizza, Corn, Pineapples, Milk Snack: Juice, Graham Crackers
17	18	19	20	21
Breakfast:WG Waffles,Applesauce, Milk Lunch:Grilled Nuggets,Green Beans Oranges, Milk, Bread Snack: Juice, WG Cheese Bits	Breakfast:WG Cheese Toast,Apples Milk Lunch:Hamburgers,Tater tots, Peaches, Milk Snack: Juice, WG Cereal, Fruit	Breakfast:WG French Toast Sticks, Blueberries, Milk Lunch:Spaghetti, Salad/Ranch, Tropical Fruit, Milk, Roll Snack: Juice, Graham Crackers	Breakfast:WG Pancakes, Applesauce,Milk Lunch:Chicken Bites, Mashed Potatoes,Pears, Milk, Bread Snack: Juice, Pretzels	Breakfast:WG Cereal, Bananas,Milk Lunch: Pizza, Corn Nuggets, Pineapples, Milk Snack: Juice, WG PB Crackers
24	25	26	27	28
Breakfast:WG Waffles,Applesauce Milk Lunch:Mac & Beef Pasta, Green Beans, Peaches, Milk, Roll Snack: Juice, WG Ritz Crackers	Breakfast:WG Cheese Toast,Apples Milk Lunch:Chicken Fries, Mashed Potatoes,Pears,Milk, Roll Snack:Juice, WG Cereal, Fruit	Breakfast:WG French Toast Sticks, Blueberries, Milk Lunch: Corn Dogs, Baked Beans, Oranges, Milk, Bread Snack: Juice, Cheese Bits	Breakfast:WG Pancakes, Applesauce, Milk Lunch: Ham & Cheese Sandwiches, Corn Chips, Pineapples,Milk, Pickle Snack: Juice, WG Goldfish	Breakfast: WG Cereal, Bananas, Milk Lunch: Pizza, Corn, Apples, Milk Snack: Juice, Pretzels
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Breakfast:WG Waffles,Applesauce Milk Lunch: Steak Fingers, Mashed Potatoes, Pears, Milk, Bread Snack:Juice,WG Cheese Crackers				