September MUSTARD SEEDS ACADEMY 2o20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
Breakfast: WG Waffles,Fruit, Milk Lunch: Grilled Nuggets, Mixed Vegetables, Pears, Milk Snack: WG Crackers	Breakfast:WG Cheese Toast, Fruit, Milk Lunch: Corn Dogs, Baked Beans, Oranges, Milk Snack:Juice, WG Pretzels	Breakfast:WG Pancakes, Fruit, Milk Lunch: Raviolis, Green Beans Peaches, Milk Snack: Juice, WG Cereal	Breakfast:WG French Toast Sticks, Fruit, Milk Lunch:Breaded Chicken Nuggets, Mashed Potatoes, Milk Snack: Juice,WG Cheese Crackers	Breakfast:WG Cereal, Bananas, Milk Lunch: Pizza, Salad , Pineapples, Milk Snack:Juice, Graham Crackers
7	8	9	10	11
Closed Labor Day	Breakfast:WG Waffles, Fruit, Milk Lunch:Pb&J Sandwiches, Corn Chips, Pears, Milk Snack:Juice, WG Pretzels	Breakfast:WG Cheese Toast, Fruit, Milk Lunch: Hotdogs, Tatertots, Pineapples, Milk, Snack:Juice, WG Crackers	Breakfast:WG Pancakes, Fruit, Milk Lunch: Fish, Green Beans, Peaches Milk Snack:Juice, Graham Crackers	Breakfast:WG Cereal, Fruit, Milk Lunch:Pizza, Corn Nuggets, Pineapples, Milk Snack:Juice, Cereal
14	15	16	17	18
Breakfast:WG Waffles,Fruit, Milk Lunch: Chicken Fries, Mashed Potatoes, Pears, Milk Snack:Juice, Graham Crackers	Breakfast:WG Cheese Toast, Fruit, Milk Lunch: Corn Dogs, Baked Beans, Oranges, Milk Snack:Juice, Pretzels	Breakfast: WG French Toast Sticks, Fruit, Milk Lunch:Sloppy Joes, Corn Chips, Peaches, Milk Snack:Juice,Yougurt & Strawberries	Breakfast:WG Pancakes, Fruit, Milk Lunch: Raviolis, Green Beans, Tropical Fruit, Milk Snack:Juice, WG Cereal	Breakfast:WG Cereal & Milk, Fruit, Lunch:Pizza, Corn, Pineapples, Milk Snack:Juice, WG Cheese Its
21	22	23	24	25
Breakfast:WG Waffles, Fruit, Milk Lunch: Steak Fingers,Mashed Potatoes, Pears, Milk Snack:Juice, WG Cereal	Breakfast:WG Cheese Toast, Fruit, Milk Lunch: Fish, Green Beans, Peaches, Milk Snack:Juice, Graham Crackers	Breakfast:WG Pancakes,Fruit, Milk Lunch: Corn Dogs, Baked Beans, Oranges, Milk Snack:Juice, WG Goldfish	Breakfast:WG French Toast Sticks, Fruit, Milk Lunch: Ham & Cheese Sandwich, Corn Chips,Applesauce, Pickle, Milk Snack:Juice, Pretzels	Breakfast:WG Cereal, Fruit, Milk Lunch: Pizza, Corn Nuggets, Pineapples, Milk Snack:Juice, WG Cheese Its
28	29	30		
Breakfast:WG Waffles, Fruit, Milk Lunch:Chicken Fries, Mashed Potatoes, Pears, Milk Snack:Juice, Pretzels	Breakfast: WG Cheese Toast, Fruit, Milk Lunch: Raviolis, Green Beans, Peaches, Milk Snack:Juice, WG Cheese its	Breakfast: WG Cereal, Fruit, Milk Lunch: Grilled Nuggets, Mixed Vegetables,Tropical Fruit, Milk Snack:Juice, WG Crackers		
				Subject to change at any time