

MUSTARD SEEDS ACADEMY SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WG cheese toast, applesauce, milk Mini corn dogs, baked beans, peaches, milk Juice & Uncrushable	2 WG French toast sticks, blueberries, milk Chicken/rice, peas, pineapples, milk, crackers Juice & apples/peanut butter	3 Biscuit, sausage, bananas, milk Pizza, corn nuggets, oranges, milk Juice & WG Goldfish	4 WG cereal, strawberries, milk Turkey/cheese wraps, chips, pears, pickles, milk Juice & graham crackers
7 CLOSED LABOR DAY	8 WG cheese toast, eggs, applesauce, milk Chicken Alfredo, green beans, oranges, milk, roll Juice & yogurt/fruit	9 WG French Toast sticks, blueberries, milk Taco salad, corn, black beans, peaches, milk Juice & watermelon, string cheese	10 WG cereal, bananas, milk Peanut butter & jelly rollups, chips, pears, pickle, milk Juice & pretzels	11 WG pancakes, sausage, strawberries, milk Pizza bake, salad/ranch, pineapples, milk Juice & cheese its
14 WG waffles, sausage, apples, milk Raviolis, green beans, oranges, milk, roll Juice & Uncrustable	15 WG cheese toast, applesauce, milk Chicken casserole, peas, peaches, milk, roll Juice & watermelon/string cheese	16 WG French Toast sticks, blueberries, milk Fish sandwiches, veggies, peaches, milk Juice & graham cracker	17 WG cereal, bananas, milk BBQ pizza, corn, pineapples, milk Juice & apples/peanut butter	18 Biscuit, eggs, strawberries, milk Turkey/cheese sandwiches, chips, pickles, milk Juice & WG Goldfish
21 WG waffles, apples, milk Biscuits/gravy, sausage, eggs, potatoes, bananas, milk Juice & pretzels	22 WG cheese toast, applesauce, milk Meatball subs, veggie pasta, oranges, milk Juice & Chex mix EARLY DISMISSAL @ 3:00PM	23 WG French Toast sticks, blueberries, milk Mini hot dogs, baked beans, peaches, milk Juice & yogurt/fruit	24 WG cereal, bananas, milk Peanut Butter & jelly rollups, chips, pears, pickles, milk Juice & watermelon, string cheese	25 Eggs/cheese, applesauce, milk Pizza bake, salad/ranch, pineapples, milk Juice & WG Goldfish
28 WG waffles, apples, milk Pot roast/carrots, mashed potatoes, peaches, milk, roll Juice & Uncrustable	29 WG cheese toast, applesauce, milk Beef nachos, salad/ranch, oranges, milk Juice & graham crackers	30 WG French Toast sticks, blueberries, milk Chicken spaghetti, corn, black beans, pineapples, milk Juice & yogurt/fruit		Breakfast (BLUE) Lunch (GREEN) Snack (RED)