

MUSTARD SEEDS ACADEMY SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED LABOR DAY	2 WG cheese toast, applesauce, milk Mac & beefaroni, green beans, peaches, milk, roll Juice & graham crackers	3 WG french toast sticks, blueberries, milk Chicken Nuggets, mashed potatoes, oranges, milk, roll Juice & apples/peanut butter	4 WG cereal, bananas, milk Turkey sandwiches, chips, pears, pickle, milk Juice & goldfish	5 WG muffins, strawberries, milk Pizza, corn nuggets, pineapples, milk Juice & watermelon/string cheese
8 WG waffles, apples, milk Steak fingers, mashed potatoes, pears, milk, roll Juice & chex mix EARLY DISMISSAL @ 3:00PM	9 WG cheese toast, applesauce, milk Chicken alfredo, green beans, oranges, milk, roll Juice & yogurt/fruit	10 WG french toast sticks, blueberries, milk Mini corn dogs, baked beans, peaches, milk Juice & cheerios bars	11 WG cereal, bananas, milk Peanut butter & jelly rollups, chips, pears, pickle, milk Juice & pretzels	12 WG pancakes, strawberries, milk Pizza bake, salad/ranch, pineapples, milk Juice & cheese its
15 WG waffles, apples, milk Beef nachos, salad/ranch, pineapples, milk, bread Juice & goldfish	16 WG cheese toast, applesauce, milk Chicken casserole, green beans, oranges, milk, roll Juice & watermelon/string cheese	17 WG french toast sticks, blueberries, milk Fish sandwich, veggies, peaches, milk Juice & graham cracker	18 WG cereal, bananas, milk Turkey pita pocket, chips, pears, pickle, milk Juice & apples/peanut butter	19 WG muffins, strawberries, milk Pizza, corn, pineapples, milk Juice & chex mix
22 WG waffles, apples, milk Biscuits/gravy, eggs, potatoes, bananas, milk Juice & pretzels	23 WG cheese toast, applesauce, milk Meatball subs, veggie pasta, oranges, milk Juice & cheerio bars	24 WG french toast sticks, blueberries, milk Mini hot dogs, baked beans, peaches, milk Juice & cheese its	25 WG cereal, bananas, milk Peanut Butter & jelly rollups, chips, pears, pickle, milk Juice & yogurt/fruit	26 Eggs, apples, milk Pizza bake, salad/ranch, pineapples, milk Juice & watermelon/string cheese
29 WG waffles, apples, milk Pot roast/carrots, mashed potatoes, peaches, milk, roll Juice & goldfish	30 WG cheese toast, applesauce, milk Meatloaf, salad/ranch, oranges, milk, roll Juice & graham crackers			Breakfast (BLUE) Lunch (GREEN) Snack (RED)