MSA SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (BLUE)				1
Lunch (GREEN)				WG Cheerios, bananas, milk Fiesta pizza, corn nuggets, pineapples, milk juice, WG pretzels
Snack (RED)				
4	5	6	7	8
CLOSED	WG Biscuits & gravy, tropical fruit, milk Steak fingers, mashed potatoes, pears, milk, roll Juice, WG Cheez-Its	WG French toast bites, blueberries, milk Corn dogs, baked beans, peaches, milk, bread Juice, WG Kix Cereal	Sausage pancake sticks, applesauce, milk Ham & cheese sandwich, corn chips, pickle, apples, milk Juice, Pretzels	WG Cheerios, bananas, milk Pizza logs, salad/ranch, pineapples, milk Juice, WG Goldfish
11	12	13	14	15
WG waffles, apples, milk Mac & beefaroni, green beans, oranges, milk, roll Juice, WG PB crackers	WG cheese toast, tropical fruit, milk Chicken Alfredo, pintos, peaches, milk, roll Juice, WG Chex mix	WG French toast bites, blueberries, milk Hot dogs, smiley fries, tropical fruit, milk Juice, Yogurt/strawberries	Sausage powerbites, applesauce, milk PB & jelly sandwich, corn chips, pickle, pears, milk Juice, WG Cheez-Its	WG Cheerios, bananas, milk Pizza, corn, pineapples, milk Juice, Graham crackers
18	19	20	21	22
WG waffles, apples, milk Grilled nuggets, pintos, peaches, milk, roll Juice, WG goldfish	WG biscuits & gravy, tropical fruit, milk Fish, green beans, oranges, milk, roll Juice, WG kix cereal	WG French toast bites, blueberries, milk Pot roast, mashed potatoes, pears, milk, roll Juice, WG chex mix	Sausage pancake sticks, applesauce, milk Ham & Cheese sandwich, corn chips, pickle, tropical fruit, milk Juice, Pretzels	WG cheerios, bananas, milk Pizza, corn nuggets, pineapples, milk Juice, WG Cheez-Its
25	26	27	28	29
WG Waffles, apples, milk Steak fingers, mashed potatoes, pears, milk Juice, WG PB crackers	WG Cheese toast, tropical fruit, milk Crispitos, corn, oranges, milk, bread Juice, Graham crackers	WG French toast bites, blueberries, milk Corn dogs, baked beans, peaches, milk, bread Juice, WG goldfish	Sausage powerbites, applesauce, milk PB & Jelly sandwich, corn chips, pickle, pears, milk Juice, WG chex mix	WG cheerios, bananas, milk Pizza logs, corn, pineapples, milk Juice, pretzels