

# MUSTARD SEEDS ACADEMY

# AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast (BLUE)</b> <b>Lunch (GREEN)</b> <b>Snack (RED)</b>				<b>1</b> WG pancakes, applesauce, milk Hamburger pizza, corn, pineapples, and milk Juice & goldfish
<b>4</b> WG waffles, apples, milk Mac & beefaroni, green beans, oranges, milk, and roll Juice & pretzels	<b>5</b> WG cheese toast, applesauce, milk Mini corn dogs,, baked beans, peaches, and milk Juice & chex mix	<b>6</b> WG french toast sticks, blueberries, milk Chicken casserole, salad/ranch, pineapples, milk, and WG crackers Juice & graham crackers	<b>7</b> WG cereal, bananas, milk PB & Jelly rollups, chips, pears, pickle, and milk Juice & yogurt/fruit	<b>8</b> <b>CLOSED FOR STATE TRAINING</b>
<b>11</b> WG waffles, apples, milk Steak fingers, mashed potatoes, pears, milk, and roll Juice & watermelon/string cheese	<b>12</b> WG cheese toast, applesauce, milk Chicken alfredo, green beans, peaches, milk, and roll Juice & yogurt/fruit	<b>13</b> WG french toast sticks, blueberries, milk Meatball subs, pasta, oranges, and milk Juice & apples/peanut butter	<b>14</b> WG cereal, bananas, milk Turkey sandwiches, chips, pears, pickle, and milk Juice & goldfish	<b>15</b> WG muffins, strawberries, milk Pizza, corn nuggets, pineapples, milk Juice & chex mix
<b>18</b> WG waffles, apples, milk Beef Nachos, lettuce/tomatoes, pineapples, milk Juice & cheerio bars	<b>19</b> WG cheese toast, applesauce, milk Fish, green beans, peaches, milk, roll Juice & graham crackers	<b>20</b> WG french toast sticks, blueberries, milk Chicken crisritos, corn, oranges, milk Juice & cheese its	<b>21</b> WG cereal, bananas, milk PB & Jelly rollups, chips, pickles, pears, milk Juice & yogurt/fruit	<b>22</b> WG pancakes, applesauce, milk Pizza bake, salad/ranch, pineapples, milk Juice & goldfish
<b>25</b> WG waffles, apples, milk Biscuits/gravy, eggs, potatoes, bananas, and milk Juice & watermelon/string cheese	<b>26</b> WG cheese toast, applesauce, milk Mini hot dogs, baked beans, oranges, milk Juice & apples/peanut butter	<b>27</b> WG french toast sticks, blueberries, milk Chicken tortilla tacos, corn, peaches, milk Juice & chex mix	<b>28</b> WG cereal, bananas, milk BBQ chicken sandwich, chips, pickles, pears, milk Juice & prezels	<b>29</b> Eggs, apples milk Pizza, corn nuggets, pineapples, milk Juice & cheese its