

MUSTARD SEEDS ACADEMY

APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Waffles, Apples, Milk Mac & Beefaroni, Green Beans, Peaches, Roll, Milk WG Cheese-its, Juice	2 WG Cheese Toast, Tropical Fruit, Milk Sloppy Joes, Tater Tots, Oranges, Milk Graham Crackers, Juice	3 WG Biscuits & Gravy, Blueberries, Milk Crisпитos, Salad/Ranch, Pears, Bread, Milk Pretzels, Juice	4 WG Cereal, Bananas, Milk Ham & Cheese Crescents, Broccoli, Oranges, Milk WG Chex Mix, Juice	5 WG Pancakes, Apples, Milk Pizza, Corn Nuggets, Pineapple, Milk WG Cheese Crackers, Juice
8 WG Waffles, Apples, Milk Steak Fingers, Creamed Potatoes, Pears, Roll, Milk WG Peanut Butter Crackers, Juice	9 WG Cheese Toast, Tropical Fruit, Milk Chicken Alfredo, Green Beans, Peaches, Bread, Milk Veggies/Ranch, Juice	10 WG French Toast Bites, Blueberries, Milk Eggs, Biscuit/Gravy, Tater Tots, Apples, Milk Pretzels, Juice	11 WG Cereal, Bananas, Milk PB&J Sandwich, Corn Chips, Pickle, Pears, Milk WG Goldfish, Juice	12 Sausage Powerbites, Applesauce, Milk Pizza, Corn, Pineapple, Milk Yogurt/Strawberries, Juice
15 WG Waffles, Apples, Milk Pizza Pasta Bake, Salad/Ranch, Peaches, Bread, Milk WG Cheese Crackers, Juice	16 WG Cheese Toast, Tropical Fruit, Milk Chicken/Rice, Mixed Veggies, Oranges, Roll, Milk WG PB Crackers, Juice	17 WG Pigs in Blankets, Blueberries, Milk Fish, Green Beans, Oranges, Bread, Milk WG Chex Mix, Juice	18 WG Cereal, Bananas, Milk Turkey & Cheese Sandwich, Corn Chips, Pickle, Tropical Fruit, Milk Graham Crackers, Juice	19 WG Pancakes, Apples, Milk Pizza, Salad/Ranch Pineapple, Milk WG Goldfish, Juice
22 WG Waffles, Apples, Milk Chicken Bites, Creamed Potatoes, Pears, Bread, Milk WG PB Crackers, Juice	23 WG Cheese Toast, Tropical Fruit, Milk Chicken Tacos, Corn, Oranges, Bread, Milk WG Kix Cereal, Juice	24 WG French Toast Bites, Blueberries, Milk Roast/Carrots, Creamed Potatoes, Peaches, Roll, Milk WG Chex Mix, Juice	25 WG Cereal, Bananas, Milk PB&J Sandwich, Corn Chips, Pickle, Pears, Milk Yogurt/Strawberries, Juice	26 Sausage Powerbites, Applesauce, Milk Pizza, Corn Nuggets, Pineapple, Milk WG Cheese-its, Juice
29 WG Waffles, Apples, Milk Meatloaf, Green Beans, Peaches, Roll, Milk WG Goldfish, Juice	30 WG Cheese Toast, Tropical Fruit, Milk Hot Dogs, Baked Beans, Oranges, Milk Graham Crackers, Juice		WG = Whole Grain PB = Peanut Butter PB&J = Peanut Butter & Jelly	BREAKFAST (BLUE) LUNCH (GREEN) SNACK (RED)