

# MUSTARD SEEDS ACADEMY

# FEBRUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> WG tornados, blueberries, strawberries, milk Crispitos, green beans, oranges, roll, milk WG goldfish, juice	<b>2</b> WG pancakes, applesauce, milk Ham & cheese sandwich, corn chips, pears, pickle, milk Pretzels, juice	<b>3</b> WG cereal, bananas, milk Pizza, salad/ranch, pineapples, milk WG Cheese-Its, juice
<b>6</b> WG waffles, apples, milk Mac & beef pasta, pintos, peaches, roll, milk KIX cereal, juice	<b>7</b> WG cheese toast, tropical fruit, milk Steak fingers, mashed potatoes, oranges, roll, milk Vanilla wafer sticks, juice	<b>8</b> WG French toast sticks, blueberries/strawberries, milk Corn dogs, baked beans, peaches, bread, milk PB crackers, juice	<b>9</b> WG pancakes, applesauce, milk PB&J sandwich, corn chips, pears, pickle, milk Pretzels, juice	<b>10</b> WG cereal, bananas, milk Pizza, corn, pineapples, milk WG cheese crackers, juice
<b>13</b> WG waffles, apples, milk Chicken nuggets, mashed potatoes, pears, roll, milk WG goldfish, juice	<b>14</b> WG sausage, egg, & cheese balls, tropical fruit, milk Hot dogs, tater tots, peaches, milk Pretzels, juice	<b>15</b> WG French toast sticks, blueberries, milk Fish, green beans, oranges, roll, milk Yogurt/strawberries, juice	<b>16</b> WG pancakes, applesauce, milk Ham & cheese sandwich, corn chips, pears, pickle, milk Graham crackers, juice	<b>17</b> WG cereal, bananas, milk Pizza, salad/ranch, pineapples, milk Vanilla wafer sticks, juice
<b>(OSR - See note below) 20</b> WG waffles, apples, milk Steak fingers, mashed potatoes, pears, roll, milk Peanut Butter Crackers, juice	<b>21</b> WG cheese toast, tropical fruit, milk Grilled nuggets, pintos, peaches, roll, milk WG Cheese-Its, juice	<b>22</b> WG French toast sticks, blueberries/strawberries, milk Crispitos, green beans, oranges, bread, milk Pretzels, juice	<b>23</b> WG pancakes, applesauce, milk PB&J sandwich, corn chips, pears, pickle, milk WG goldfish, juice	<b>24</b> WG cereal, bananas, milk Pizza, corn, pineapples, milk Graham crackers, juice
<b>27</b> WG waffles, apples, milk Mac & beef pasta, green beans, oranges, roll, milk KIX cereal, juice	<b>28</b> WG cheese toast, tropical fruit, milk Fish, pintos, peaches, roll, milk Pretzels, juice		<b>NOTE:</b> <b>2-20-22</b> <b>NO OSR</b> <b>E-Learning Day</b>	<b>BREAKFAST (BLUE)</b>  <b>LUNCH (GREEN)</b>  <b>SNACK (RED)</b>