

# MUSTARD SEEDS ACADEMY DECEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST (BLUE)</b> <b>LUNCH (GREEN)</b> <b>SNACK (RED)</b>				<b>1</b> WG cereal & bananas, milk Pizza, corn, pineapples, milk Juice, WG cheese its
<b>4</b> WG waffles, apples, milk Grilled Nuggets, mashed potatoes, pears, milk, roll Juice, WG Chex mix	<b>5</b> WG cheese toast, tropical fruit, milk Chicken bites, tater tots, peaches, milk, bread Juice, graham crackers	<b>6</b> WG French toast bites, blueberries, strawberries, milk Chicken Alfredo, green beans, oranges, milk, roll Juice, WG goldfish	<b>7</b> WG sausage powerbites, applesauce, milk Ham & cheese sandwich, corn chips, pears, pickle, milk Juice, pretzels	<b>8</b> WG cereal & bananas, milk Pizza, corn nuggets, pineapples, milk Juice, WG cheese its
<b>11</b> WG waffles, apples, milk Mac & beef casserole, green beans, peaches, milk, roll Juice, Klx cereal	<b>12</b> WG cheese toast, tropical fruit, milk Corn dogs, baked beans, oranges, milk, bread Juice, Cheese crackers	<b>13</b> WG French toast bites, blueberries, strawberries, milk Fish, pintos, tropical fruit, roll, milk Juice, WG cheese its	<b>14</b> WG pancakes wraps, applesauce, milk PB&J sandwiches, corn chips, pears, pickle, milk Juice, graham crackers	<b>15</b> WG cereal & bananas, milk Pizza, salad/ranch, pineapples, milk Juice, pretzels
<b>18</b> WG waffles, apples, milk Steak fingers, mashed potatoes, pears, milk, roll Juice, PB crackers  <b>CHRISTMAS BREAK for OSR</b>	<b>19</b> WG sausage powerbites, tropical fruit, milk Hot dogs, baked beans, oranges, milk Juice, WG goldfish  <b>CHRISTMAS BREAK for OSR</b>	<b>20</b> WG French toast bites, blueberries, strawberries, milk Spaghetti, salad/ranch, apples, milk, roll Juice, graham crackers  <b>CHRISTMAS BREAK for OSR</b>	<b>21</b> WG pancakes wraps, applesauce, milk Ham & cheese sandwich, corn chips, peaches, pickle, milk Juice, WG Chex mix  <b>CHRISTMAS BREAK for OSR</b>	<b>22</b>   <b>CHRISTMAS BREAK for OSR and MSA</b>
<b>25</b>   <b>CHRISTMAS BREAK for OSR and MSA</b>	<b>26</b>   <b>CHRISTMAS BREAK for OSR and MSA</b>	<b>27</b> WG cheese toast, tropical fruit, milk Fish, pintos, peaches, milk, roll Juice, pretzels  <b>CHRISTMAS BREAK for OSR</b>	<b>28</b> WG cereal & bananas, milk PB & J sandwich, corn chips, pears, pickle, milk Juice, WG Chex mix  <b>CHRISTMAS BREAK for OSR</b>	<b>29</b> WG cereal & bananas, milk Pizza, corn, pineapples, milk Juice, WG goldfish  <b>CHRISTMAS BREAK for OSR</b>